



The Jacka Foundation of Natural Therapies

Friday 16th April 2021

ANNOUNCEMENT Retirement of Founder – Judy Jacka Effective 31st March 2021

On behalf of the Directors, it is with much sadness that I announce the resignation of our Founder, Judith Mary Jacka, from the Board of the Jacka Foundation of Natural Therapies. Judy was Vice-Chair from the inception of the Foundation in 2010 and has now chosen to resign from the Board to take a well-earned break and enter retirement.

It is impossible in this announcement to encapsulate the magnitude of almost 60 years of Judy's commitment to establishing and advancing formal educational courses and qualifications in naturopathy, her solid commitment to research and writing, her renowned clinical practice, and her well known participation in the battle to enable the positive regulatory system we now enjoy for natural medicines in Australia.

Judy and Alf Jacka were pioneers in natural medicines in Australia. Alf established the iconic Southern School of Natural Therapies in 1961, and Judy began her naturopathy training there in 1969. She was soon teaching at SSNT and her nursing background was instrumental in developing formal, scientifically structured educational curricula and training modules for naturopathy.

This structured approach was critical given SSNT started with humble beginnings, but discipline elevated the college. Overcoming obstacles such as a number of government enquiries over two decades and the proposed TGA restrictions on advertising, SSNT emerged a much stronger institution and obtained the first Victorian government accredited courses in Naturopathy –

- 1996 - Adv Dip in Health Science (Naturopathy)
- 1997 – Bachelor Degree in Health Science (Naturopathy)

The Southern School of Natural Therapies was the first naturopathy college in the southern hemisphere and is the longest established school of its kind in Australia. Significantly, Judy was instrumental in converting SSNT from a private education business to a not-for-profit college in 1981.

The college continued to play a leading role in the development of complementary medicine both locally and internationally - hence the attractiveness of the college for global acquisition.

In 2010 the SSNT was sold to an International education company but the heritage building which houses it was retained and passed by the School council to the newly established Jacka Foundation of Natural Therapies (JFNT). JFNT has evolved from over 50 years of educational experience where the aim was always to create a synthesis of the naturopathic and medical sciences.



The Jacka Foundation of Natural Therapies

JFNT is a not-for-profit charitable fund that carries out philanthropic activities in the fields of naturopathy and related natural therapies. The rental income from the building is used to support the naturopathic profession, primarily by funding relevant research projects.

Major grants, endowments and scholarships made over the last decade include:

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| 2011 | National Institute of Complementary Medicine (NICM), Western Sydney University (WSU) – \$2 million dollars |
| 2011 | Australian Register of Naturopaths and Herbalists – \$10,000 |
| 2015 | Australian Research Centre for Complementary and Integrative Medicine (ARCCIM), University of Technology Sydney (UTS) – \$45,000 |
| 2015 | National Institute of Complementary Medicine (WSU) – \$2 million dollars |
| 2015 | Lifestyle Initiative – \$60,000 |
| 2015 | RMIT University – Awarded three postgraduate scholarships to students enrolled in Health Sciences in a 50:50 funding arrangement with JFNT. |

The Scholarships are:

- The Judy Jacka Scholarship for Doctoral Research
- The Alf Jacka Postgraduate Research Scholarship
- The Jacka Foundation Research Training Scholarship

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| 2016 | ARCCIM, Support for Research Mentoring and Leadership program – \$30,000 |
| 2017 | RMIT University, Conversion of two Masters scholarships to PhDs – \$34,000 |
| 2019-34 | NICM Health Research Institute, WSU, endowment of \$400,000 per annum for 15 years, total value – \$6 million dollars |
| 2021 | Griffith Institute for Drug Discovery (GRIDD), Griffith University – \$40,000 for research on an indigenous pain remedy |

On 9 April 2016 Judy Jacka, Vice-Chair of the Jacka Foundation of Natural Therapies, was made an Honorary Fellow of Western Sydney University. The award was made in recognition of Judy's leadership in the naturopathic profession and her roles as a practitioner, educator, writer and philanthropist.

The most recent accolade was the naming of a fully renovated Conference Centre at NICM Health Research Institute headquarters on the WSU Parramatta campus, adjacent to the Westmead Hospital precinct. In March 2020, the Jacka Foundation Conference Centre was formally opened with a conference honouring our female pioneers of natural medicine, at which Judy was the first speaker. Fittingly, it was held in the Judy Jacka Symposium Room. The Conference centre will facilitate international collaboration and communication in natural medicine research and will remain as a lasting legacy of Judy's contribution to natural therapies.



The Jacka Foundation of Natural Therapies

We will, along with many others, be forever grateful to Judy for her foresight in establishing SSNT as a not-for-profit college, which ultimately enabled the creation of the Jacka Foundation of Natural Therapies. The Foundation makes a unique contribution to the ongoing development of knowledge in natural medicine. Our commitment is to continue to honour and recognise Judy as the Founder of JFNT, and to carry forward her philosophy of supporting natural therapies and their professions, knowledge bases and traditions, long into the future.

Please join us in wishing Judy all the very best for a well-deserved rest, and as Judy would say – a life full of love and light.

For those who wish to send a personal message to Judy please feel free to forward your communication to PO Box 3, Diamond Creek, Vic. 3089.

We have also set up an online 'kudoboard' where messages, photos, videos, gifs etc can be posted. If you would like to contribute, please do so as soon as possible so that we can share the board with Judy shortly. The link is: <https://www.kudoboard.com/boards/C0MKpuGJ>

Kindest regards,

A handwritten signature in black ink, appearing to read 'Terri Albert', written in a cursive style.

Terri Albert
Chairperson
Jacka Foundation of Natural Therapies
terri.albert@jackafoundation.org.au



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of Natural Therapies

PS See next page for a list of books authored by Judy.



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of Natural Therapies

BOOKS BY JUDY JACKA, Australian Naturopath

A Philosophy of Healing. Inkata Press. Melbourne, 1979

A-Z of Natural Therapies, Thomas C. Lothian Pty. Ltd. Melbourne, 1987. Reprinted 1989, 1990, 1992, 1994, 1995, 1996. Second edition 1998. Third edition 2005

ISBN-10: 0850912938

ISBN-13: 978-0850912937

Alcances de las Terapias Naturales (Spanish) 2009, Tomo. Available on Amazon - paperback

ISBN-10: 6074150702

ISBN-13: 978-6074150704

Frontiers of Natural Therapies, Lothian Publishing Company, Pty. Ltd. Melbourne 1989. Geddes & Grosset, Scotland. 2005.

ISBN-10: 0850913489

ISBN-13: 978-0850913484

Meditation: The most Natural Therapy. Thomas C. Lothian Pty. Ltd. Melbourne 1990. Reprints 1994, 1995, 1998, 2005. Also reprinted by Kedros, Athens. 1998 and by Geddes & Grosset, Scotland, 2005

ISBN-10: 0850913934

ISBN-13: 978-0850913934

Healing through Earth Energies. Thomas C. Lothian, Melbourne 1996, 2004. Hachette Australia 1996. Geddes & Grosset, Scotland, 2004.

ISBN-10: 0850917832

ISBN-13: 978-0850917833

Energias de la Tierra (Spanish). Judy Jacka and Sorel Contreras. Tomo, 2012.

ISBN-10: 6074152276

ISBN-13: 978-6074152272

Natural Therapies, the Politics and Passion: A personal story of a new profession. Ringwood Natural Therapies, Melbourne, 1998.

ISBN 0-646-36095-7

The Vivaxis Connection, Hampton Roads Publishing Co. Inc., Charlottesville, USA. 2000.

Available on Amazon - Kindle or paperback

ASIN B003QXLE1W.

Synthesis in Healing, Hampton Roads Publishing Co. Inc. Charlottesville, USA. 2004. Available on Amazon - Kindle or paperback

ASIN: B0096DE0VM.